This is the year for new opportunities!
Join us to learn the skills that will help you:

- Determine what you want and need for you!
- Make decisions on issues that affect your life!
- Learn how to speak up for yourself!

If you are looking for a group of peers that will support and assist you in becoming an effective self-advocate...then look no further. People First of (insert chapter name here) will provide resources and support by encouraging and empowering you to speak up about your interests, talents, strengths and desires.

When:  (insert date here)
Time:   (insert time here)
Where:  (insert building or office here)
        (insert City, state, zip)
Contact: (insert local contact person)
        (insert local contact number)

For further questions contact us at (609) 292-3745
Frank Latham – (609) 292-3453 or frank.latham@njcdd.org