An Introduction to Supports Broker Service

SUPPORT BROKERS:

GETTING WHAT YOU NEED TO LIVE THE LIFE YOU WANT.





Service System Structure

Centers for Medicare and Medicaid Services (CMS) Home and Community Based Services (HCBS) Waivers

NJ FamilyCare 1115 Demonstration Comprehensive Waiver

> New Jersey Department of Developmental Disabilities

> > Community Care Program

Supports Program / Supports Program +PDN



Everyone, including those with developmental disabilities, has the inherent authority to:



- Make choices and decisions
- Exercise control over services, supports, and other assistance
- Control resources and obtain needed services
- Participate in and contribute to their communities
- Have support to advocate, develop leadership skills, [become trained as a self-advocate], and participate in coalitions and policy-making



Self Direction in New Jersey is ...

... a means by which individuals who are eligible for state developmental disabilities services are empowered to gain control over the design and management of their services and support strategies.





Self-Directed Services are Shifting the Paradigm

From To

Professionals are best at selecting the services and supports a person should use.

Traditional agencies take responsibility for employing direct support workers.

Professionals determine the support strategies with some input from the team.

The person is the best at identifying their needs, preferences, and desired services and supports.

The person takes responsibilities for hiring, training, and supervising their staff.

The person determines support strategies with input from others they identify as part of their team.



We all need help to live our lives!





Supports Broker - Service Description



Assists the participant (or the participant's family or representative, as appropriate) with:

- Arranging for, directing and managing self-directed services
- Identifying immediate and long-term needs, developing options to meet those needs and accessing identified supports and services
- Building skills needed to direct and manage program services
 - E.g., providing information on recruiting and hiring personal care workers, managing workers and providing information on effective communication and problem-solving
- Providing information to ensure that participants understand the responsibilities involved with directing their services



Examples of Supports Broker Activities

- Providing information on recruiting and hiring workers
- Developing advertisements, flyers, and other recruiting materials as needed for hiring staff
- Completing applicant screenings
- Providing assistance to complete and submit employment paper work to fiscal agent
- Support in managing workers
- Interviewing potential applicants, along with the person with disabilities and/or designee



Examples of Supports Brokerage Activities



- Research and map a neighborhood and community for people, places and events that may be of interest to the person
- Identify gatekeeper, those people who are 'in the know' about resources in their neighborhood and community
- Facilitating introductions and conversations that welcome the person supported into community places and events
- Assess a particular event or venue to adequately prepare for the person's participation
- Network and engage with neighbors and community members as appropriate
- Assist with problem solving as experiences occur so the person can make the most informed decisions about continuing to participate (or not), and what will be needed to best accommodate full and meaningful contribution and participation





WHO MIGHT WANT TO HIRE A SUPPORT BROKER?





Jordan lives at home with his parents who work full time jobs and struggle with assisting him to find appropriate staff and community activities

Jordan

- He would benefit from staff that share his interests and can provide physical assistance with activities of daily living.
- He would like to be able to go out in his community on his own with staffing and transportation support.





Laura

Laura lived with her mom who passed away suddenly.

- She has no other family members or friends capable of assisting her.
- She wants to live in her own apartment and have control over who supports her.





Robert recently graduated from school

Robert

- He has a job working 8 hours a week and receives Supported Employment Services.
- He Volunteers at an animal shelter one afternoon a week with the assistance of an individual support staff.
- He would like to find additional activities in the community and additional work hours.
- Both of his parents work long hours and his sister is in heading to college this year.
- His parents have difficulty managing his schedule.



Steven

Steven is 21 and lives with his mom

- He is looking to figure out next steps and is in needs help and assistance figuring out next steps as he enters into adult life.
- He and his mom would like to plan for transitioning him to live on his own.
- He needs help to arrange his support for living on his own.





Joseph lives at home with his parents and has been successfully self-directing his supports and services with his family's assistance for almost 15 years. His sisters, brothers-in-law, nieces and nephew are all part of his active life.

Joseph

- As Joseph's parents age, his family will continue to support him to be successful.
- Joseph would like to hire a Supports
 Broker to enable him to continue the life
 of choice that he has created.





Supports Brokerage



Supports Brokerage Process





HOW DOES ALL OF THIS ACTUALLY COME TOGETHER?







Planning



Community Connection & Circles of Support













Documentation & Payment



Supervision



Training







Hiring

DOCUMENTATION





Documentation

- Provider must maintain all Support Service and Progress Logs.
- All Brokerages are expected to maintain systems that comply with the manuals.
- Supports Broker service must be connected to an identified outcome in the Individual Service Plan.
- The overall strategies the individual would like the Supports Brokers assistance with should be identified.
- The Supports Broker must identify the specific tasks that were completed during the time and date of the delivered service.



Support Coordinator

- Facilitates and authors the PCPT and NJISP
- Develops Outcomes with planning team members

- Works collaboratively with the Support Coordinator and team members
 - ➤ Assists the person with communicating to the SC needed changes in the ISP and progress toward outcomes
- Role and services provided is in direct correlation with the persons outcomes
 - Brings the outcomes to life



Provides resources to the person related to their outcomes

- Researches/secures natural and community resources related to outcomes, hopes, dreams and what is important to the person
- Assists with the coordination and implementation of resources
 - Assist with the development and enhancement of natural supports
 - Assists the individual with directing their services
 - Facilitation of a circle of support and other intensive person-centered approaches to enhancing natural, generic and informal supports.



- Informs person of services available to achieve outcomes
 - To fulfil hopes and dreams
 - Support what is important to the person
- Allocates services based on what is available in the person's individual budget
 - Approves payment based off the fee structure of each service
- Submits revisions to the plan if the person's needs change

- Assists with pursuing and obtaining available services
 - × 1st look
 - Arranging tours and meet and greets
 - Completion of paperwork
- Helps with monitoring persons budget
 - Supports the person in making decisions about service usage to ensure that services are not over or underutilized
 - Understanding statements and correspondence from the FI



- Facilitates discussions to determine the need for a Self Directed Employee (SDE)
- Initiates the hiring process for an SDE
 - Completes and submits the Individual Referral Form to FI.
- Ensures the hourly wages fall within 'reasonable and customary' and can be supported in the person's budget

- Participates in discussions with determining the need for an SDE
- Assists the person/representative payee with SDE hiring process
 - Recruiting SDEs by writing and placing ads, etc.
 - Interviewing/selection process of an SDE
 - Reference checks
 - **▼** Collection/Coordination of paperwork
 - Negotiating/establishing wages for an SDE





- Adds SDE service into the ISP
- Document individualspecific training needs in ISP

- Support and assist the person/representative in managing the SDE
 - **▼** Scheduling of SDE's
 - Arranging for SDE back up
 - Setting up of timesheet approval/submittal
 - Locate additional training for SDEs or provide individual specific training to the SDEs



Support Coordinator

- Ensures all services are listed with appropriate service codes/rates/ timeframes
- Monitors plan implementation and the effectiveness of service delivery, updating the ISP as needed.

- Assists
 Person/Representatives to comply with Medicaid requirements including SDE documentation of service delivery activities
- Assist with organization, review, and maintenance of documentation

Next Steps

Upcoming Webinars and Supports Broker Training

- 2 day Broker Training Available through the Boggs Center
- Qualified Broker list available on Provider Search





Community of Practice for Supporting Families Across the Lifespan



- National project of the National Association of State Directors of DD Services (NASDDDS) and University of Missouri Kansas City Institute for Human Development (UMKC-IHD), initially launched 2012
 - To build capacity through a community of practice across and within member states to create policies, practices and systems to better assist and support families that include a member with I/DD across the lifespan
- DDD accepted as a member state, beginning July 2019





21 total states

Phase 1: 6 States

Phase 2: 11 Additional States

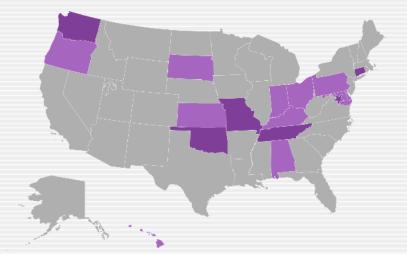
Phase 3: 5 Additional States



Community of Practice (CoP)

Project Outcome

- State and national consensus on a national framework and agenda for improving support for families with members with I/DD.
- Enhanced national and state policies, practices, and sustainable systems that result in improved supports to families.
- Enhanced capacity of states to replicate and sustain exemplary practices to support families and systems.



NASDDDS







Overall Goal

To build capacity through a community of practice across and within States to create policies, practices and systems to better assist and support families that include a member with intellectual and developmental disability across the lifespan.



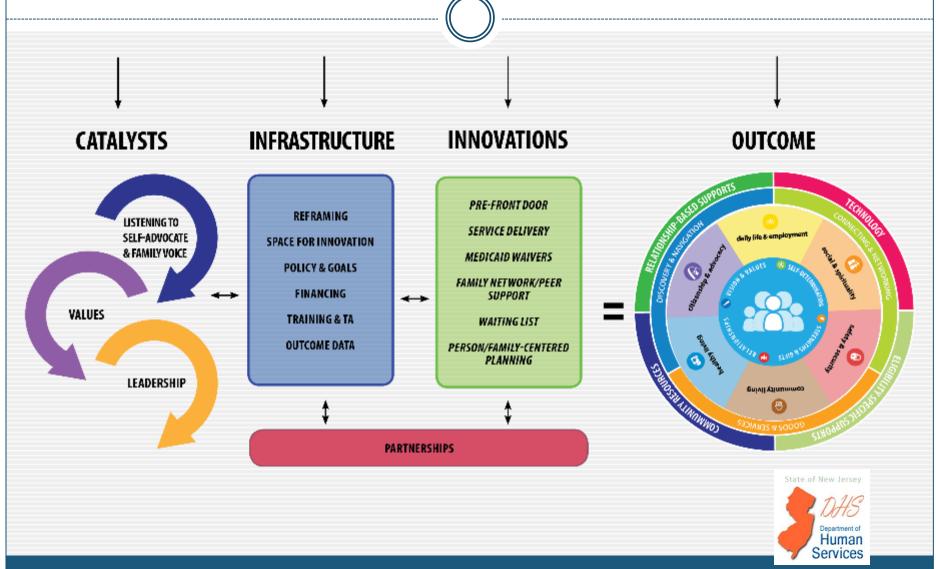


Community of Practice

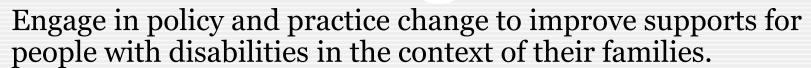
Communities of practice are groups of people who share a passion for something that they know how to do and who interact regularly to learn how to do it better.



Life Course Guiding Principles



Community of Practice Benefits



- Technical assistance and support from the National CoP Project team to develop a state team and structure
- State-specific technical assistance and consultation to develop a plan based on the state's priorities
- Capacity building to use the Charting the LifeCourse framework to assist with plan implementation
- Join sharing and learning with other states
- Participation in innovation workgroups
- Access to materials and products



