What is the 5 Year State Plan?

The plan lists NJCDD’s goals from **October 1, 2022, through September 30, 2026.** Every state writes a plan. The plan is sent to leaders in Washington DC for approval.

What are the goals?

**Goal 1 Advocacy:**
Advocacy skills training and support for people with disabilities.

**Goal 2 Systems Change:**
Helps people with disabilities and their families improve the state service system.

**Goal 3 Capacity-Building:**
Helps people with disabilities and their families get support and information needed to live in the community.

What are the objectives?

Objectives are the things that NJCDD will do to get to the larger goal. In this plan, the NJCDD will:

- **Support** self-advocacy projects
- **Train** people with disabilities as leaders
- Reduce barriers to technology
- Reduce barriers to services
- Improve the ways in which government agencies work together
- Teach people about the needs and abilities of people with disabilities
- Make it easier to get services
- **Help** more people learn about NJCDD
- **Reduce** the use of seclusion and restraint in schools
- **Improve** housing for people with medical and behavioral needs
- Improve behavioral health care systems
- Improve access to transition services that lead to **jobs**
- **Increase** the number of people in competitive jobs

How was the plan developed?

The Council asked people with disabilities, parents, advocates and others what they thought was important. The Council asked questions about what people needed the most. The Council also looked at unmet needs, wait lists and other information to help make decisions about what should go in the plan.