How Support Coordination Can Help In Planning For the Future

Alycea Tetto~ Disability Services & Advocacy, LLC

Passing the Torch: Succession Planning
DDD’s Support Philosophy

- Community Supports vs. Institutions
- Maximize Federal Programs – Medicaid, Section 8
- Refocus dollars on Supports vs. Housing
- Emphasize employment for those capable. No longer supporting less than min. wage workshops.
DDD’s Support Philosophy

- Day Programs locally based and community focused.
- Empower consumers/families with choice over services and development of personalized plans and budgets.
- Provide more planning support to families through federally reimbursed Support Coordination vs. state based Case Management.
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Applying For DDD Services

- Applicant must reside in NJ
- Applicant must be eligible for Medicaid – Unless a Non-Disabled Adult Child (Non-Dac) – Not eligible for Medicaid because received income too high due to receiving SSDI before receiving SSI. Will have a buy-in capability in Supports Program.
- Can obtain applications online or through the DDD regional office.
DDD Eligible & Medicaid

- MUST meet DDD functional criteria
- MUST have Medicaid
- Cannot lose Medicaid eligibility
Types of Medicaid for DDD Services

- There are many types of Medicaid available. But, there are four main types of Medicaid used for DDD services:
  - SSI Recipient
  - New Jersey Care
  - Medicaid Only (via DDD Waiver Unit)
  - New Jersey Workability
Medicaid Only (via DDD Waiver Unit)

- Income is over 100% of the Federal Poverty Level
- Individual may be collecting SSDI (Social Security Disability Income) benefit due to:
  - *Retirement, disability or death of parent (DAC)*
  - *Individual’s own work history*
- 2019 financial eligibility standards:
  - Income: Under 300% of the Federal Benefit Rate ($2,313.00)
  - Resources: $2,000.00 (5-year lookback)
Disabled Adult Child (DAC)

Eligibility Group Requirements: An individual who was receiving Supplemental Security Income (SSI) benefits and who meets the following:

- Is at least 18 years of age;
- Has blindness or a disability which began before the age of 22;
- Has been receiving Supplemental Security Income (SSI) based on blindness or disability; and
- Has lost Supplemental Security Income (SSI) due to the receipt of Social Security benefits on a parent’s record due to the retirement, death or disability of a parent.
How to Apply For Medicaid as a DAC

- You must contact your County Welfare Agency for an appointment to apply for Medicaid. You will need to complete the appropriate Medicaid application, and provide the necessary documents; including the letter from the SSA verifying that you may be eligible for DAC status for consideration of Medicaid eligibility under Section 1634 of the Social Security Act (regarding DAC), to the County Welfare Agency.
Medicaid Eligibility Questions

- If you have any questions or any difficulty obtaining Medicaid for an individual who may have §1634 DAC status, please do not hesitate to contact your DDD Regional Office or your Support Coordinator. You may also email any questions to: DDD.MediElighelpdesk@dhs.state.nj.us
Community Care Program

Eligibility: To be eligible for the Community Care Program, an individual must:

- be reached on the CCP Waiting List or be determined by DDD to be at imminent risk of homelessness or peril
- meet the functional criteria for eligibility for DDD services
- meet the additional Level of Care criteria for Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/ID)
- meet specific Medicaid requirements regarding income and resources (DDD works with individuals to help establish whether or not they meet these Medicaid requirements)
What Does It Mean For You?

- The Community Care Program adds an extra budget for residential services based upon your tier.
- The residential budget can be used to purchase Individual Supports at the Daily Rate, as in a Group Home; or
- Can be used to purchase Individual Supports at the Unit Rate to provide services in the participant’s home or community.
<table>
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<tr>
<th>Tier</th>
<th>Employment Day</th>
<th>Individual/Family Supports</th>
<th>DSP Service</th>
<th>Individual Supports</th>
<th>Supported Employment</th>
<th>Total Budget</th>
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<tr>
<td>A</td>
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<td>$5,000</td>
<td>$546.00</td>
<td>$26,480</td>
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<tr>
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<td>$1,035</td>
<td>$112,527</td>
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<td>$149,562</td>
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<td>C</td>
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<td>$10,000</td>
<td>$920.00</td>
<td>$88,267</td>
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<td>D</td>
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How Do You Get on the Wait List?

- To request to be added to the Community Care Program Waiting List, complete and submit the Community Care Program Waiting List Request Form.

- The CCP Waiting List Request Form and supporting documentation must be mailed to the CCP Waiting List Coordinator for your county:
DDD Regional Offices

- **Northern Region** – (Bergen, Passaic, Hudson, Morris, Sussex Warren Counties)
  100 Hamilton Square Plaza, 7th Floor
  Paterson, NJ 07505

- **Northern Region** – (Essex, Union, Somerset Counties)
  110 East 5th Street
  Plainfield, New Jersey 07060
DDD Regional Offices

- Southern Region – (Ocean, Monmouth, Hunterdon, Mercer, Middlesex Counties)
  Juniper Plaza, Suite 1-H
  3499 Route 9 North
  Freehold, NJ 07728

- Southern Region – (Atlantic, Cape May, Cumberland, Salem, Burlington, Camden, Gloucester Counties)
  2 Echelon Plaza
  221 Laurel Rd, Suite 210
  Voorhees, NJ 08043
Wait List Questions

- Letters with ranking are issued each summer.
- Questions about the wait list can be submitted to the DDD Fee-for-Service Helpdesk: DDD.FeeForService@dhs.state.nj.us
Intensive Case Management Referrals

- In the event of an imminent crisis regarding homelessness or peril (caregiver inability to care for the participant), contact your Support Coordinator.
- The Support Coordinator can walk you through a process which culminates in filing an Intensive Case Management Referral.
- During this process, you will be asked to write a letter of need to DDD, which the Support Coordinator attaches to the DDD referral.
- Your case would be temporarily assigned to a DDD Case Manager, who then works in conjunction with the Support Coordinator to find resolutions to the issues.
Housing Vouchers

- Housing vouchers through Supportive Housing Connection, State Vouchers, or Section 8 have replaced housing contracts. Participants contribute 30% of their income to fair market housing and SHC, State Vouchers or Section 8 pays the balance.

- Provides fairer reimbursement rates to providers at current fair market section 8 rates. Replaces contract method that saw reimbursement rates for older contracts much less than new contracts.

- By decoupling housing from services and offering services of Support Coordinator, participant has more support in looking for alternative residential services.
Housing Vouchers con’t

- CCP participants can apply for a housing voucher which can be used in group homes, supervised apartments and supported housing arrangements.

- Supports Program participants can apply for housing vouchers to live independently when needing less than 24/7 supports.

- To apply for a housing voucher, contact your Support Coordinator to discuss requirements.
Importance of Self-Advocacy

- Support Coordinators CANNOT advocate for policy change at DDD.
- It is critical that family voices are at the table in helping to set policy direction of DDD.
- Help the state create effective policies for employment and community integration.
- Since housing is not the funding responsibility of DDD, families will have to advocate for greater housing dollars in state and federal budgets for ID/DD participants to make housing support less emergency based.
What Else Can I Do??

- Educate yourself.
- Educate your Successor Caregiver.
- Put thoughts, actions and CRITICAL INFORMATION in writing.
- Discuss future planning with your Support Coordinator. Make sure your or your loved ones’ plans & goals appear in the NJISP & PCPT.
- Don’t take anything for granted.
Financial Planning is Key!

- Do not leave money directly to your child; caution relatives not to do so either. Seek out attorney assistance in setting up a Special Needs Trust or an ABLE account.

- DDD budgets cannot pay for food, clothing, utilities or recreational expenses. Plan for this.
DDD NEWS and UPDATES

- DDD’s Web Page: https://www.state.nj.us/humanservices/ddd/home/

- To subscribe to the Division's e-news bulletin, please send an email to DDD.Communications@dhs.state.nj.us with Division Update Subscribe in the subject line (and please be sure to add the Division Communications email address to your safe sender list!)
Family Support Resources

- NJ Family Support Planning Councils
  10 Councils Statewide
  https://njcdd.org/the-regional-family-support-planning-councils/

- The Family Support Coalition of NJ
  http://www.familysupportcoalition.org/
Family Support Resources

- Family Resource Network
  - [http://www.familyresourcenetwork.org/](http://www.familyresourcenetwork.org/)
  - Autism Family Services of NJ
    - [http://www.autismfamilyservicesnj.org/](http://www.autismfamilyservicesnj.org/)
  - Caregivers of NJ
    - [http://njcaregivers.org/](http://njcaregivers.org/)
  - Epilepsy Foundation of NJ
  - Family Support Center of NJ (DDD Qualified Providers listing)
    - [http://www.fscnj.org/](http://www.fscnj.org/)
Family Support Resources

- Family Support Organizations (FSO)
  - [http://njfamilyalliance.org/](http://njfamilyalliance.org/)
- Mom2Mom
  - [http://ubhc.rutgers.edu/mom2mom/index.htm](http://ubhc.rutgers.edu/mom2mom/index.htm)
- The ARC of NJ Family Institute
  - [http://www.thearcfamilyinstitute.org/](http://www.thearcfamilyinstitute.org/)
Family Support Resources

- Planning for Adult Life Education Sessions
  - [http://planningforadultlife.org/](http://planningforadultlife.org/)

- Workshops, Webinars, Prep Clubs are presented around the State through CAU, the Arc of New Jersey and many parent-run support groups.
Thank You

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