

## K11. BEHAVIORAL HEALTH STABILIZATION HOMES

### Program Overview

YAI's **Behavioral Health Stabilization Homes (BHSB)** in New Jersey provide short-term, community-based stabilization for adults with intellectual and developmental disabilities (I/DD) who are experiencing acute behavioral or emotional crises. Each home is a four-bed, homelike setting staffed by a multidisciplinary team offering trauma-informed, person-centered care.

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### Key Service Components

- **Clinical Assessment & Stabilization** – Comprehensive evaluation and short-term treatment.
  - **Behavior Support Planning** – Development of individualized strategies and interventions.
  - **Multidisciplinary Team** – Team includes BCBA, RN, and transition navigators with weekly psychiatric consultation.
  - **Safe, Structured Environment** – Designed to reduce crisis intensity and promote stabilization.
  - **Transition Planning** – Support to return safely to home or community placements.
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### Eligibility

- Adult (21+) with I/DD.
  - Experiencing acute behavioral or emotional crisis.
  - Determined eligible and appropriate by **NJ DDD**.
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### Referral Process

- **Referrals to BHSB are made directly through the New Jersey Division of Developmental Disabilities (DDD).**
  - DDD reviews clinical need and identifies appropriate placement.
  - YAI collaborates with the individual's support team once referred.
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### Program Goals

- Support individuals to regain behavioral and emotional stability.
  - Reduce psychiatric hospitalization and institutional placement.
  - Promote successful return to home or community settings.
  - Strengthen long-term support strategies across systems.
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## Contact & Additional Info

For more information, contact the **DDD Provider Support Unit** at [Ddd.Behavioralservices@dhs.nj.gov](mailto:Ddd.Behavioralservices@dhs.nj.gov).

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YAI, in partnership with New Jersey's Division of Developmental Disabilities (DDD), operates short-term Behavioral Health Stabilization Homes (BHSH) for adults with intellectual and developmental disabilities (I/DD) who are experiencing acute behavioral or emotional crises. These four-bed, community-based programs provide intensive, person-centered support delivered by a multidisciplinary team that include a BCBA, RN, transition specialists and weekly psychiatric consultation. The homes are designed to offer a safe, structured environment where individuals can receive clinical assessment, stabilization services, and individualized behavior-support planning.

The goal of BHSH is to help people regain emotional and behavioral stability so they can return to their existing home or community placement, reducing the need for hospitalization or long-term institutional care. During a stay, the team collaborates closely with families, providers, and community partners to strengthen long-term supports and prepare for a safe transition back to the community. Referrals to Behavioral Health Stabilization Homes are made directly through the New Jersey Division of Developmental Disabilities (DDD), which determines eligibility and coordinates placement based on clinical need.