

Proposed Five-Year State Plan 2027-2031

Plain Language

PLAIN-LANGUAGE



GOAL 1 is ADVOCACY

SPEAKING UP FOR YOURSELF

What you told us: People need to have more support in order to make choices, speak for themselves, and take part in decisions.

Our Goal: By 2031, people with disabilities and families will learn how to speak up and be leaders.

This is what we plan to do:

1: Every year, NJCDD will:

- Help self-advocacy groups
- Teach people how to be leaders
- Help people become trainers and speakers
- Help people take part in community groups

2: Every year, NJCDD will:

- Train and mentor families
- Help parent advocacy groups
- Help more family members become leaders

3: By 2031, NJCDD will:

- Help make sure more services focus on each person's strengths
- Help make sure more services focus on what each person wants and needs



GOAL 2 is SYSTEMS CHANGE

GETTING BETTER SERVICES

What you told us: Services need to be safe, person-centered, respectful, and easier to use.

Our Goal: By 2031, people with disabilities and families will get clear information and better services.

This is what we plan to do:

- 1: Starting in 2027, NJCDD will:
 - Help to make changes to protect people from abuse and neglect
 - Make sure people with disabilities and families have a voice
 - Help to make sure that people who abuse or neglect someone with a disability are held accountable
- 2: By 2031, NJCDD will:
 - Help people understand and use services more easily
- 3: By 2031, NJCDD will:
 - Help state agencies work together
 - Reduce gaps in services
 - Improve support for people with complex needs, like medical needs and behavioral needs
- 4: Every year, NJCDD will:
 - Watch for new problems and needs
 - Share information
 - Provide training and support



GOAL 3 is CAPACITY BUILDING

CHANGING THE SYSTEM TO MAKE IT BETTER

What you told us: The system needs to do a better job helping people with disabilities live, work, and learn in the community.

Our Goal: New Jersey will have stronger services for people with disabilities and their families.

This is what we plan to do:

- 1: Starting in 2027, NJCDD will:
 - Support projects that improve health care
 - Train more doctors and nurses to help people with disabilities
- 2: By 2031, NJCDD will:
 - Help schools include students with disabilities
 - Increase supports in general education classrooms
- 3: By 2031, NJCDD will:
 - Improve mental health and behavior services
 - Create more options for support
- 4: By 2031, NJCDD will:
 - Help people find good jobs in the community and earn wages like people without disabilities

TARGET GROUP:

In this plan, there is a focus on helping people with severe and complex needs, like medical and behavioral challenges.