

# What is the Five-Year State Plan?

The plan lists NJCDD's goals from **October 1, 2027, through September 30, 2031**. Every state writes a plan. The plan is sent to leaders in Washington, D.C., for approval.



## What are the goals?

### **Goal 1 Advocacy:**

Advocacy skills training and support for people with disabilities.

### **Goal 2 Systems Change:**

Helps people with disabilities and their families improve the state service system.

### **Goal 3 Capacity-Building:**

Helps people with disabilities and their families get support and information needed to live in the community.



## What are the objectives?

Objectives are the things that NJCDD will do to get to the larger goal.  
In this plan, the NJCDD will:

- ✓ **Support** self-advocates to be leaders
- ✓ **Support** family members to advocate
- ✓ **Increase** person-centered approaches across the lifespan
- ✓ **Strengthen** systems to protect people from abuse, neglect, and exploitation
- ✓ **Improve** the ways to navigate the New Jersey service system
- ✓ **Increase** interagency coordination to improve service access
- ✓ **Expand** the capacity of New Jersey's health care system
- ✓ **Build** capacity in schools
- ✓ **Improve** mental health and behavioral health
- ✓ **Increase** opportunities for people to work

## How was the plan developed?

The Council asked people with disabilities, parents, advocates and others what they thought was important. The Council asked questions about what people needed the most. The Council also looked at unmet needs, wait lists and other information to help make decisions about what should go in the plan.

