

## Proposed Five-Year State Plan 2027-2031

## **GOAL 1: ADVOCACY**

By 2031, people with intellectual and developmental disabilities (IDD) and family members will have increased information, skills, and opportunities to develop, strengthen, and use advocacy and leadership skills.

**OUTCOME:** People with intellectual and developmental disabilities and family members have the information, skills, and support they need to be leaders, direct their own lives, advocate for themselves and their family members, access and manage supports and services, and influence public decisions that impact their lives.

- 1.1 For each year through 2031, NJCDD will provide support and technical assistance to state and local self-advocacy organizations led by people with IDD, provide leadership training opportunities, promote emerging leaders with I/DD as trainers and speakers, and support resulting in expanded participation of individuals with I/DD in culturally-diverse, cross-disability leadership coalitions, an increase in civic engagement and increased capacity for self-direction.
- 1.2 For each year through 2031, NJCDD will support projects and provide training, mentoring, and technical assistance to family members and parent-led advocacy organizations, resulting in an increase in the number of family-member advocates and an increase in the number of family advocates in leadership roles.
- 1.3 By 2031, NJCDD will provide information, education, support projects, and/or build coalitions designed to increase the use of person-centered approaches in the planning, delivery, and oversight of services for people with IDD across the lifespan.

## **GOAL 2: SYSTEMS CHANGE**

By 2031, people with IDD and their family members will have access to accurate and timely information, skills, and opportunities to enhance the safety, design, delivery, and range of services intended to benefit them.

**OUTCOME:** People with IDD and their families have access to person-centered services and supports that are accessible, safe, effective, comprehensive, responsive, and that reflect the values and priorities of those with lived experience.

- 2.1 Beginning in 2027, NJCDD will provide information, engage in outreach, build coalitions, inform policy makers, and/or support projects to strengthen New Jersey's systems to safeguard human rights and protect people with IDD from abuse, neglect and exploitation across the life span and in all settings, resulting in increased transparency, expanded and improved data collection and reporting, and a clear role for people with IDD and their families.
- 2.2 By 2031, NJCDD will support projects that inform, educate, empower, and assist families and people with IDD in navigating the New Jersey service system, resulting in easier and improved access to services.
- 2.3 By 2031, NJCDD will engage in outreach, build coalitions, and support projects to improve interagency coordination to eliminate gaps and reduce barriers to service access and delivery, with an emphasis on those with complex medical, behavioral, and health care needs.
- 2.4 For each year through 2031, NJCDD will monitor and respond to emerging issues and trends affecting individuals with IDD and their families through collaboration, information, technical assistance, outreach, special projects, and advocacy.

## **GOAL 3: CAPACITY-BUILDING**

By 2031, New Jersey's system of community-based services and supports will have a greater capacity to meet the needs of all people with IDD and their families.

**OUTCOME:** People with IDD and their families will have simplified and effective access to the services and supports they need to live, work, and learn as full and valued participants in the community.

- 3.1 Beginning in 2027, NJCDD will support projects to expand the capacity of New Jersey's health care system, including specialty care, to provide timely, high-quality, effective healthcare services to people with IDD across the lifespan, resulting in an increased number of health care professionals with skills and competencies to treat people with IDD.
- 3.2 By 2031, NJCDD will support projects and provide information to build capacity in New Jersey's education system to serve students with disabilities alongside their non-disabled peers, resulting in the increased use of effective and individualized supports, services, and modifications in general education classrooms.
- 3.3 By 2031, NJCDD will support projects to build capacity in New Jersey's mental health and behavioral health system to care for and respond to the needs of **children and adults with IDD who have significant behavioral challenges and/or co-occurring mental health conditions**, resulting in an increase in options for preventive mental health services and behavior supports.
- 3.4 By 2031, NJCDD will support projects, build coalitions, and provide information, training, and technical assistance to increase opportunities and options for competitive, integrated employment for people with IDD, resulting in an increase in the number of people with IDD working in the community.

In this plan, the Council has voted to focus some objectives specifically to help people with severe and complex medical, behavioral, and health care needs.