What we do

1. Self-Advocacy
2. Leadership Development
3. Work for Social Change
4. Organize Local Groups
5. Focus on Important Issues; Legal Rights; Community Support; Closing Institutions

1. Supports members by helping each other.
2. Creates opportunities and events for people with disabilities to speak up and be heard.
3. Provides encouragement and models for action.
4. Develops information about issues and action.
5. People First New Jersey local chapters and resource documents can be found on our website.
Our Vision
Is that all citizens live equally in the community.

Our Mission
People First exist to:
Support people who have been labeled with an intellectual disability, speak for themselves, help each other, and make that what people who have been labeled with an intellectual disability, have to say is heard.

Our Goals
The main goals of People First are to:
1. Promote equality for all people who have been labeled with an intellectual disability
2. Speak for ourselves and make our own decisions
3. Educate the community about our movement and our issues

History
The People First movement was started by people who have been labeled with an intellectual disability.

These citizens felt that it was time for a change in the way the community felt about people labeled with an intellectual disability.

They had a vision.
They believed that an organized movement would help them have a strong voice in the community, create a better future, and finally take control of their own lives.

They wanted to be known as “People First”. Now there are people First groups all over the country and the world.

Our Roles
Some of the things that People First does:
1. Protect the voice of the people who have been labeled with an intellectual disability.
2. Act on what people say with an intellectual disability have to say.
3. Identify issues about people who have been labeled with an intellectual disability.
4. Have people who have been labeled with an intellectual disability, to speak up and act on those issues.
5. Bring people together that have been labeled with an intellectual disability, so they can help each other.