

What we do



- 1 Self-Advocacy
- 2 Leadership Development
- 3 Work for Social Change
- 4 Organize Local Groups
- 5 Focus on Important Issues: Legal Rights, Community Support, Closing Institutions



- 1 Supports members by helping each other.
- 2 Creates opportunities for people with disabilities to speak up and be heard.
- 3 Provides encouragement and models for action.
- 4 Develops information about issues and action.
- 5 People First New Jersey local chapters and resource documents can be found on our website.

New Jersey Council on
Developmental Disabilities
njcdd.org



**SPEAK OUT
BE HEARD**

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Our Vision



All citizens should live equally in the community

Our Roles



- 1 Protecting the voice of people with intellectual disabilities.
- 2 Acting on the wishes of people with intellectual disabilities.
- 3 Identifying issues impacting people with intellectual disabilities.
- 4 Encouraging people with intellectual disabilities to speak up and act on identified issues.
- 5 Bringing people with intellectual disabilities together, so they can help each other.

Our Mission



People First exists to:
Encourage people with intellectual disabilities to speak for themselves, and help make their collective voices be heard.

Our Goals



- 1 Promoting equality for all people with intellectual disabilities
- 2 Speaking for ourselves and making our own decisions
- 3 Educating the community about our movement and issues

History



The People First movement was started by people with intellectual disabilities.

These citizens felt that it was time for a change in the way the community felt about people with intellectual disabilities.

They had a vision.

They believed an organized movement would help them have a stronger voice in the community, create a better future, and take control of their own lives.

They wanted to be known as “People First”. Now there are People First groups all over the world.