

# People First New Jersey



**This is the year for new opportunities!  
Join us to learn the skills that will help you:**

- **Determine what you want and need for you!**
- **Make decisions on issues that affect your life!**
- **Learn how to speak up for yourself!**

*If you are looking for a group of peers that will support and assist you in becoming an effective self-advocate...then look no further. People First New Jersey Chapters provide resources and support by encouraging and empowering you to speak up about your interests, talents, strengths and desires.*



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Developmental Disabilities

20 West State Street  
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**For questions or information on how to become involved  
in a chapter close to you contact us at  
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